

Thursday, December 19, 2024

Pris Dillow “Seize the Day” Scholarship to be awarded this spring **IHSAA Executive Committee member and Girls Sports Pioneer honored**

The IHSAA Foundation is proud to announce the new Pris Dillow “Seize the Day” Post-Secondary/Training Scholarship in honor of the late Priscilla “Pris” Dillow, the first woman to serve on the Executive Committee of the Indiana High School Athletic Association, Inc.

The term “Seize the Day” was the motto adopted by Coach Dillow to invigorate herself and those around her. With her passion and willingness to accept every opportunity, she lived the change she wanted to see. Facing obstacles in the fight for equity in women’s athletics, Pris continued to stay positive and seek change wherever she could. This passion and devotion made her a trailblazer and created numerous opportunities for female athletics.

“Pris was a trailblazer that left a legacy that all can strive to emulate,” says **Homestead Assistant Athletic Director and IHSAA Foundation Board Member, Kris Teusch**. “Coach Dillow’s passion and willingness to step up in multiple roles, at multiple times, made her a leader and made our communities a better place. We at the IHSAA Foundation are honored to continue her legacy by creating opportunities for female athletes with this scholarship.”



Thanks to the efforts of Coach Dillow’s family, friends, and former athletes, the scholarship will be awarded in perpetuity in the amount of \$1,000.

Beginning in the 2024-25 School Year, one female student-athlete from an IHSAA member school who embodies the values in which Pris lived her life—teamwork, leadership, and sportsmanship—will be selected.

Students interested in applying for this scholarship should visit the scholarship’s [webpage](#) for criteria and additional information. Each student-athlete must be nominated by their school’s principal or athletic director, to be initiated on IHSAA’s membership portal (www.myihsaa.net).

Recipients of the Pris Dillow “Seize the Day” Post-Secondary Scholarship will be recognized and celebrated at the [IHSAA Foundation’s Impact Awards](#).

Supporting education-based athletics for the next generation.

To learn more about Pris' legacy and this scholarship, visit www.IHSAA.org/Foundation/Scholarships/Dillow

About the IHSAA Foundation, Inc.

The IHSAA Foundation was created in 2015 as the philanthropic arm of the IHSAA. Its mission is to help protect, sustain, and nurture high school sports in Indiana for the 409 high schools it serves. The 17-member Foundation Board is made up of member-school superintendents from each of the three IHSAA districts, at minimum two member-school athletic directors, the Chair of the IHSAA Executive Committee, the current IHSAA Commissioner, and 11 at-large members from all corners of the state. Members of the Board are nominated by IHSAA Commissioner, Paul Neidig, and ratified by Board Approval.

About the Indiana High School Athletic Association, Inc. (IHSAA)

The IHSAA is a voluntary, not-for-profit organization that is self-supporting without the use of tax monies. Since its founding in 1903, the Association's mission has been to provide wholesome, educational athletics for the secondary schools of Indiana. Its 409-member high schools - public, institutional, parochial, and private - pay no annual membership fee or incur entry fees to play in the Association's tournaments. A state tournament series is conducted annually in 24 sports, 11 for girls, 11 for boys and two co-eds (unified flag football, unified track and field). A 19-person board of directors, elected by member school principals, governs the organization.