

**2004 ICGSA CROSS COUNTRY
ALL STATE TEAM
AND
COACHES OF THE YEAR**

NAME	SCHOOL	GRADE
Adele Mitchell	Fort Wayne Concordia	12
Rachel Stichter	Wawasee	12
Alexandra Banfich	Culver Academies	9
Sarah Kehe	Chesterton	11
Lauren Hardesty	Valparaiso	10
Megan Jackson	Northridge	11
Stephanie Greer	Roncalli	12
Maggie Bingham	Westfield	9
Chelsea Blanchard	Carroll (Fort Wayne)	9
Kristina Krasich	Westfield	10
Bridgett Blair	Carmel	10
Rachel Stark	Columbus North	10
Kayla Alexander	Terre Haute North	11
Rose Plomin	Indianapolis Cathedral	9
Bethany Scruton	Columbus North	10
Amanda Hardesty	Valparaiso	10
Mary Ballinger	Chesterton	11
Andrea Kent	Valparaiso	11
Kelsey Page	Silver Creek	11
Crystina Aburto-Martinez	Wheeler	12
Anna Weber	Michigan City	11
Kelsey Pence	Columbus North	11
Breanne Ehrman	Westfield	9
Christina Blackwell	Portage	11
Ashlee Karp	Valparaiso	10

**2004 ICGSA CROSS COUNTRY
DISTRICT AND STATE COACHES OF THE YEAR**

District 1	Brian Carden, Chesterton
District 2	Ryan McClane, Northridge
District 3	Scott Lidskin, Westfield
District 4	Rick Weinheimer, Columbus North
District 5	Al Eckert, Silver Creek

State Coach of the Year: Karen DeVries, Valparaiso